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PRAISE FOR YOUR GUIDE TO PUBLIC SPEAKING

"Your Guide to Public Speaking is a user-friendly book that introduces the core principles of public speaking in a way that anyone can pick up and implement. Drawing from real-world experience as a seasoned public speaking coach and actress, Amanda Hennessey does a superb job breaking down the art of good public speaking—which to many can be seen as a daunting, multifaceted, and complex topic—into actionable steps packaged in a practical, witty guide. Inspiring!"
—Christie Lindor, TEDx speaker and author of the award-winning bestseller The MECE Muse: 100+ Selected Practices, Unwritten Rules, and Habits of Great Consultants

"This book is nurturing, witty, and profoundly insightful. Amanda is that rare coach who offers a one-two punch—she is as smart as they come and writes straight from the heart. Her insider tips are not just essential to strong public speaking but to professional success!"

-Alexandra Sullivan, cofounder of 44 Communications

"Amanda approaches the art of speaking from a very unique and refreshing perspective—the deep root of why we speak and who we are as speakers. By focusing on our mission as speakers, on why we want to give the speech and the impact we will deliver to the audience, Amanda helps readers embrace speaking with love as the motivation. In her direct—yet fun and personable—style, Amanda guides readers to access their inner strengths and deeper selves, which enables them to bring more emotion and power to their delivery. This book offers a lot of fun and practical exercises that are refreshing and effective—no matter if you are just starting out or looking to reach higher goals in speaking."

Lei Wang, author, motivational speaker, and first Asian american to

Lei Wang, author, motivational speaker, and first Asian American to complete the Explorers Grand Slam (http://journeywithLei.com)

"Amanda is an authority on public speaking, and one of the most talented coaches I've met. It is mind-blowing to see how she makes public speaking—America's biggest phobia—not only much simpler but also a true source of self-empowerment for anyone. In this book, you will learn highly effective, easy-to-remember techniques that will help you become an authentic and confident public speaker. A must-read for those who want to have a bigger impact by empowering themselves and others."

-Will G. Foussier, CEO and founder of Ace-up, Inc.

"Your Guide to Public Speaking is a practical resource for new and experienced presenters alike. Amanda Hennessey walks the reader through every detail—from what to talk about, to how to harness nervous energy, to what to do with your hands during the presentation. The fundamental shift of focus from the presenter to the audience is the real game-changer. It reminded me that presentations are really all about making a connection with the people in the room."

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